



STICKS & STONES

THERAPEUTIC SERVICES

Kristina Kosmac is a Registered Clinical Psychotherapist, Social Worker, Family Therapist, Relationship/Couples Therapist And Registered Sand Play And Expressive Therapist.

Information Policy

Who Else Sees Your Information?

We only release information about you if you agree or if we are required by law.

What Say Do You Have in What Happens to Your Information?

You have a say in what happens to your information. Any information that you provide to me will be used to help provide the right support for you. You have the right not to share some of your information or restrict access to your file, but this may affect our ability to provide you with the best possible services. Talk to us if you wish to change or cancel your consent.

How Will Your Information Be Protected?

Sticks and Stones is committed to protecting the confidentiality of your record. The privacy of law also protects your information. We treat your information in the strictest confidence and store it securely.

Can You Access Your Information?

Yes, you have a right to request access to your information (as per agency policy) and to ask for it to be corrected if necessary.

At Sticks and Stones Therapeutic, you have the right to:

- Considerate, quality, respectful and safe care regardless of social status, gender, race, sexual preference, religion, political belief, mental health or any disabilities.
- Clear, easy to understand information about your care, condition, treatment options, expected outcomes, side effects and costs.
- Have your privacy and confidentiality respected, and a say in what happens to your personal health information.
- Have access to personal information held in your record according to legislation.
- Make suggestions, give positive or negative feedback, ask questions and make complaints about your care.
- Engage someone to represent you, including external advocacy groups.
- Access an interpreter.

Your Responsibility

- Show consideration and respect.
- Be upfront and honest about your information, and if you are not comfortable with any requests or suggestions your therapist makes.
- To follow up on actions regarding your care.
- You have a responsibility to participate in making decisions about your care and to ask for more information if you don't understand something.
- To be aware of your legal proceedings and take appropriate actions and care to follow these obligations.
- To pay for sessions on time.